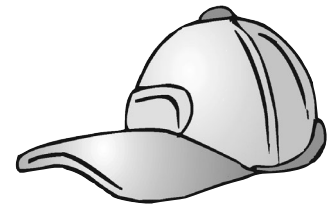


SPRING SPORTS



Please note! Volunteer coaches are needed for all spring sports.

See Page 2 for registration policies including registration deadlines & multiple child discount opportunities.

****Practice days and times subject to change due to volunteer coaches' availability.****

3RD - 6TH GRADE GIRLS SOFTBALL*							FEE: Residents - \$30 Non-residents - \$45
<i>Interscholastic traveling teams. Participants must supply their own glove.</i>							
GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE	
3rd-4th	31261A	3/29-6/2	TBD	TBD	TBD	March 14	
5th-6th	31262A	3/28-6/3	TBD	TBD	TBD	March 14	

K-6TH GRADE BASEBALL (Managed by Lebanon Youth Baseball Association - See Page 14)	
Intro to Baseball: Kindergarten/First Year Rookie Ball: 1st/2nd Grade	Minors Ball: 3rd/4th Grade Majors Ball: 5th/6th Grade

BOYS/GIRLS LACROSSE*		FEE: 3rd-6th Grade - Residents - \$30 Non-residents - \$45				
3RD- 8TH GRADE		7th-8th Grade - Residents - \$45 Non-residents - \$65				
<i>Instructional and interscholastic play. 5th-8th practices may begin indoors at the Witherell Recreation Center & move outdoors as weather permits. Boys Equipment Requirements: stick, gloves, mouth guard, cleats, shoulder/elbow pads and helmet Girls Equipment Requirements: stick, mouth guard, cleats, eye goggles. (Girls 5th/6th teams may practice in Plainfield one day a week)</i>						
GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
Boys 3rd-4th	31271A	3/29-6/9	TBD	TBD	Lebanon High School	March 14
Girls 3rd-4th	31271B	3/29-6/9	T, TH	4:30-6:00 p.m.	Civic Memorial Park	March 14
Boys 5th-6th	31275A	3/29-6/9	T, TH	TBD	Lebanon High School	March 14
Girls 5th-6th	31375A	3/29-6/9	T, TH	4:30-6:00 p.m.	Civic Memorial Park	March 14
Boys 7th-8th	31376A	3/28-6/10	TBD	TBD	Lebanon High School	March 14
Girls 7th-8th	31377A	3/28-6/9	TBD	TBD	Civic Memorial Park	March 14

MIDDLE SCHOOL BOYS/GIRLS TRACK AND FIELD*		FEE: Residents - \$45 Non-Residents - \$65				
<i>5th-8th Grade Track is an interscholastic traveling track program where participants learn the basics of running and field events. Meets conclude with Connecticut Valley Championships.</i>						
Practices begin indoors at Witherell Recreation Center, and move outdoors as weather permits.						
GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
Coed 5th-8th	31368A	Indoor: 3/29-4/7	T, TH	3:00-4:00 p.m.	Witherell Rec.Center	March 9
		Outdoor: 4/18-6/1	M-TH	5:00-6:15 p.m.	LHS Track	

GRANITE STATE TRACK AND FIELD*		FEE: Residents - \$30 Non-residents - \$45				
<i>Open to youth ages 8-14 this program offers instruction in basic running events (sprints and distance), jumping and throwing. Children must be at least 8 years of age by start of program. Ages 9-14 as of December 31, 2016 may compete in the Granite State Track & Field District Meet where they can attempt to qualify for the NH State meet. DISTRICT MEET: June 18, 2016 STATE MEET: June 24, 2016</i>						
AGE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
8-14	31468A	5/3-6/24	T, TH	6:15 - 7:30 p.m.	Lebanon H.S. Track	April 19

SUMMER SPORTS



Please note! Volunteer coaches are needed for all summer sports.

See Page 2 for registration policies including registration deadlines & multiple child discount opportunities.

****Practice days and times subject to change due to volunteer coaches' availability.****

SUMMER BASEBALL (Now Managed by Lebanon Youth Baseball Association - See Page 14)

Traveling teams participate in the local Babe Ruth League in the following division:

Jr. Babe (must be age 13 - 15 by 8/1/16)

For more information, visit www.lebanonyouthbaseball.com

PRE-SCHOOL - 8TH GRADE TENNIS*

PRESCHOOL FEES: Residents - \$20 Non-Residents - \$30

GRADES K-8 FEES: Residents - \$30 Non-Residents - \$45

Foam balls, small racquets and other modified equipment make this a fun introduction to the game for younger players. Racquets will be provided or participants may bring their own. Please note: lessons will be conducted outdoors. In the event of a rain cancellation, every attempt will be made to make up the missed lesson.

Minimum: 4

Maximum: 10

GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
Pre	41100A	7/5-7/28	Tues & Thurs	9 am-9:30 am	Seminary Hill Courts	June 20
K-3	41293A	7/5-7/28	Tues & Thurs	9:45 am-10:30 am	Seminary Hill Courts	June 20
4-8	41294A	7/5-7/28	Tues & Thurs	11:00 am-12 pm	Seminary Hill Courts	June 20

TACKLE FOOTBALL*

CAMP FEE: Residents - \$20 Non-Residents - \$30

SEASON FEE: Residents - \$75 Non-Residents - \$95

Conditioning camp teaches the fundamentals and does not involve contact. Regular season involves full protective gear provided by the program (player must provide their own mouthguard), & travel in the Twin State Snowbelt League. Practices will be 3 nights per week once school begins.

SESSION	CODE	GRADE	DATES	DAY	TIME	LOCATION	DEADLINE
Conditioning Camp	11214A	4th-6th	August 1 - August 4	Mon-Thurs	5:30-7:00 p.m.	LHS Practice Field	July 18
Regular Season	11214B	4th-6th	August 8 - October 29	Mon-Thurs Sat. Games	5:30-7:30 p.m.	LHS Practice Field	July 25

FOOTBALL CHEERLEADING*

FEE: Residents - \$45 Non-Residents - \$65

Learn formations, cheers, and teamwork. Cheerleading uniforms are provided. Games on Saturdays, times to be announced. *No Practice September 5th

GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
5-8	47231A	Aug 22 - Sept 1	Mon - Thurs	5:00 - 7:00 pm	LHS Practice Field	August 10
		Sept 6 - Sept 29	Tues & Thurs			
		Oct 4 - Oct 29	Tues & Thurs	5:00 - 6:30 pm		

FALL SPORTS PREVIEW



Please note! Volunteer coaches are needed for all Fall sports. See Page 2 for registration policies including registration deadlines & multiple child discount opportunities.

****Practice days and times subject to change due to volunteer coaches' availability.****

Pre K-2ND GRADE SOCCER* FEE: Residents - \$20 Non-Residents - \$30

An introduction to the basics of soccer for boys & girls. Pre-school soccer offered for 3-4 year olds. Pre-school Non-Resident registration begins August 1st.

GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
Pre	11201A	Sept 10 - Oct 15	Saturdays	10:00-10:45 a.m.	Eldridge Park	August 26
K	11201B	Sept 10 - Oct 15	Saturdays	11:00 a.m.-Noon	Eldridge Park	August 26
1st	11201C	Sept 10 - Oct 15	Saturdays	9:00-10:00 a.m.	Eldridge Park	August 26
2nd	11201D	Sept 13 - Oct 13	Tues,Thurs	5:00-6:00 p.m.	Elks Field	August 26

3RD-4TH GRADE SOCCER* FEE: Residents - \$30 Non-Residents - \$45

Separate girls and boys teams play six on six with some interscholastic games, some of which will be scheduled on Saturdays. Program focuses on skill development, fun and friendships! Participants must provide their own mouthguard, shin guards, and cleats. **End of season jamboree: Saturday, October 22**

GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
3-4 Girls	11202A	Sept 7 - Oct 22	Wed & Fri	5:15-6:30 p.m.	Civic Memorial Park	August 24
3-4 Boys	11202B	Sept 7 - Oct 22	Wed & Fri	5:15-6:30 p.m.	Civic Memorial Park	August 24

5TH-8TH GRADE SOCCER* FEE: 5th-6th - Res.- \$30; Non-Res.- \$45 7th-8th - Res.- \$45; Non-Res.- \$65

Traveling interscholastic teams. Some games will be on Saturdays. Participants must provide their own mouthguard, shin guards, and cleats. Black uniform shorts and socks are required and may be purchased at your local sporting goods store.

GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
5-6 Boys	11205A	Aug 24-Oct 14	Mon, Wed, Fri	4:30-6:00 p.m.	Old LJHS Basin Field	August 10
5-6 Girls	11203A	Aug 23-Oct 13	Mon,Tues,Thurs	4:30-6:00 p.m.	Old LJHS Basin Field	August 10
7-8 Boys	11307A	Aug 8-Oct 27	Mon,Tues,Thurs	4:00-5:30 p.m.	Eldridge Park	July 25
7-8 Girls	11306A	Aug 8-Oct 27	Mon,Tues,Thurs	4:30-6:00 p.m.	Civic Memorial Park	July 25

FIELD HOCKEY* FEE: Residents - \$30 Non-Residents - \$45

Learn basic field hockey skills and play games. Uniform shirt is provided by the Recreation & Parks Dept. Other loaner equipment may be available. Participants must provide stick, mouthguard, goggles, shin guards, and cleats.

GRADE	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
3-6	11207B	Aug 23-Oct 20	Tues & Thurs	5:00-6:30 p.m.	TBD	August 10

NFL FLAG FOOTBALL FEE: Resident - \$50 Non-Resident - \$50

Coed NFL Flag Football for ages 5-17. Wear NFL Gear, improve your game, and stay active. Register with NFL Flag online at <https://www.nflflag.com/form/player> Once complete register with Recreation & Parks. Games on Saturday possible.

Ages	CODE	DATES	DAY	TIME	LOCATION	REG. DEADLINE
5-17	11213A	Sept 7 - Oct 21	Mon, Wed, Fri	5:00-6:00 p.m.	Elks Field	Aug. 24 (Final Date)